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State of Vermont
Agency of Human Services
Department of Developmental & Mental Health Services
103 South Main Street
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Waterbury, Vermont 05671-1601

MEMORANDUM

TO: Vermont Adult Performance Indicator Project Advisory Group

FROM: John Pandiani
Lisa Gauvin *Lisa*

DATE: October 16, 1997

RE: CRT Clients with Substance Abuse
Total and Percent Served by Substance Abuse Programs, FY1996

This week's performance indicator focuses on practice patterns with regard to substance abuse services to clients of CRT programs at CMHCs in Vermont. This indicator was calculated in response to discussion at our last advisory group meeting.

We will be particularly interested in your comments on the quality of the data used in this week's analysis and your interpretation of the results.

ADVISORY GROUP MEMBERS

Next Meeting:
Tuesday, October 21, 1997
10:00 a.m. to 3:00 p.m.

ALL INTERESTED PARTIES:

PIP Brown Bag Luncheon
Tuesday, October 21, 1997
"Risk Adjusted Hospitalization Rates
For Measuring CMHC Performance"

CRT Clients with Substance Abuse
Total and Percent Served by Substance Abuse Programs, FY1996

QUESTION:

How many CRT clients who have drug abuse or alcohol related problems also receive services from CMHC substance abuse programs?

DATA:

This analysis depended solely on data in the Quarterly Service Report (QSR) data files submitted to DDMHS by community mental health service providers. People assigned to and served by CRT programs in Vermont during FY1996 were selected for this analysis. People with a substance abuse problem were identified by the existence of a diagnosis of alcohol or other substance abuse, or an indication of an alcohol or other substance abuse problem on the problem check list completed at admission. People who received services from the substance abuse program of their local CMHC were identified based on the program of service field on the QSR service records.

ANALYSIS:

First, the proportion of all CRT clients at each CRT program who had a substance abuse problem was determined. Second, the proportion of these clients who received services from the Substance Abuse Program was determined.

RESULTS:

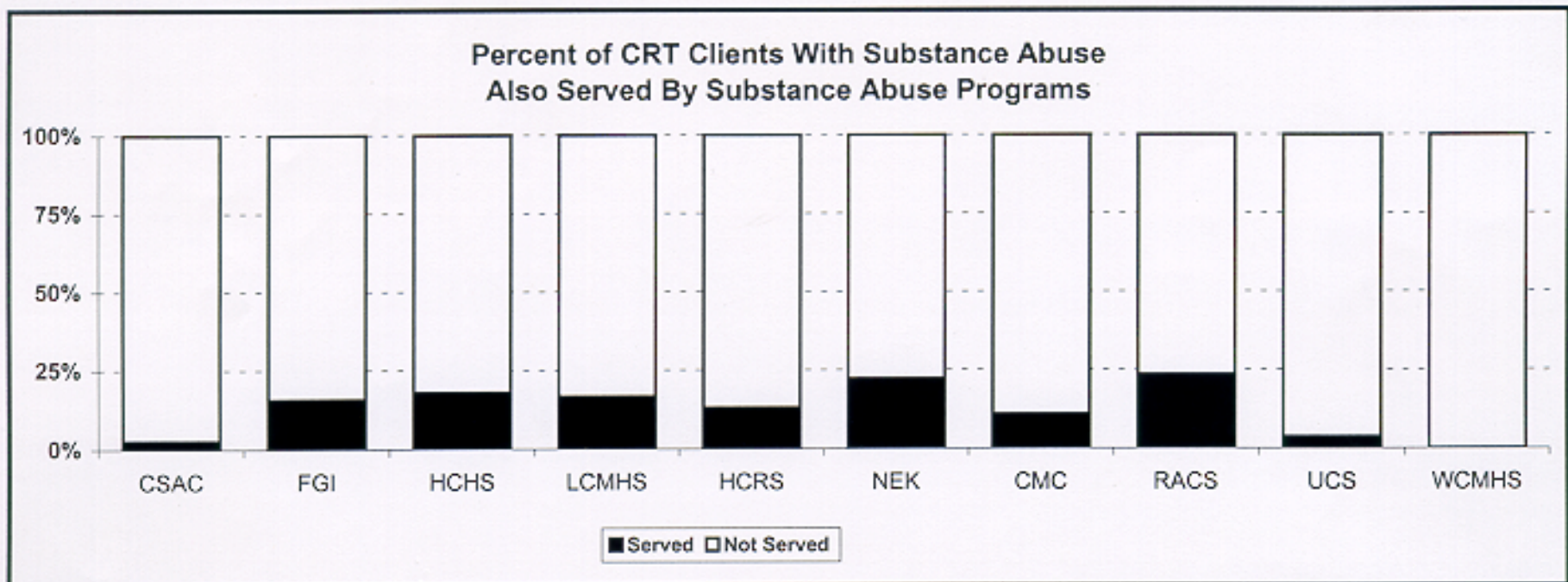
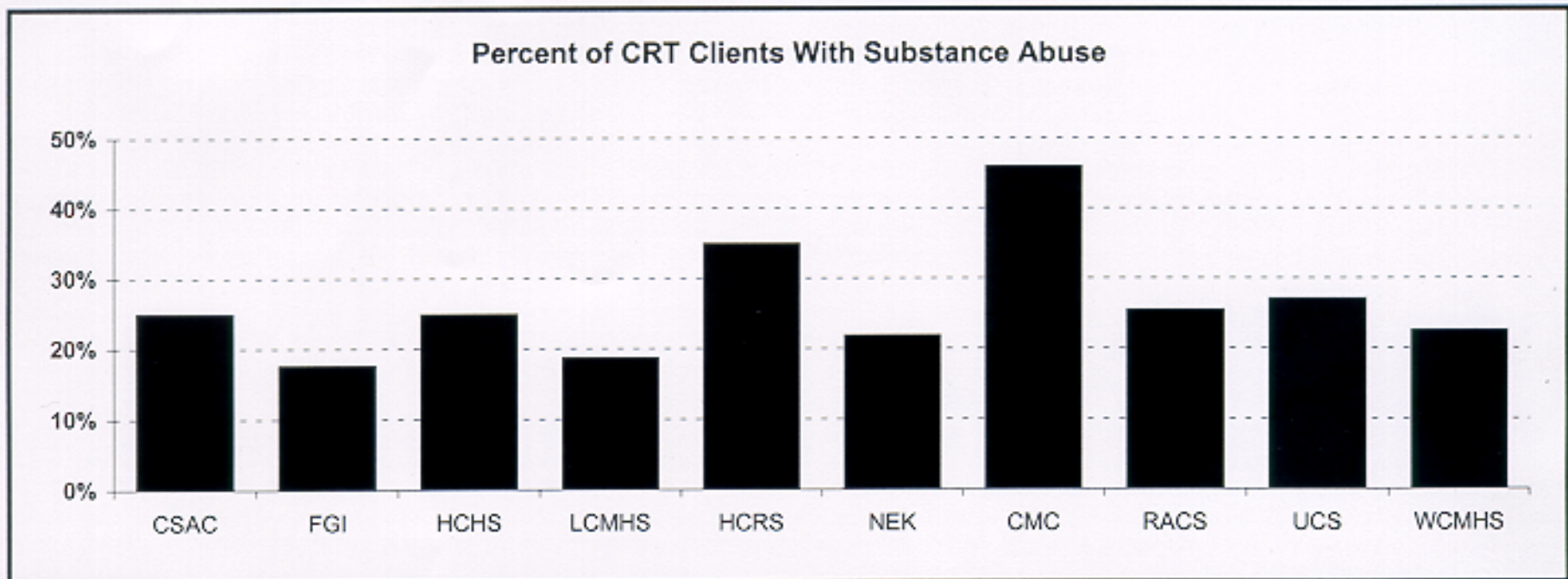
Statewide, 25% of the clients of CRT programs had substance abuse indicated in their MIS records. There was substantial variation in the proportion of CRT clients who had a substance abuse problem indicated on their MIS records. The Clara Martin Center had the highest recorded incidence of substance abuse among CRT clients (46%), and Southeast was second (35%). Franklin Grand Isle and Lamoille had the lowest recorded incidence (18% and 19%, respectively).

Statewide, only 13% of the CRT clients with substance abuse indicated in their MIS record received services from their local Substance Abuse program during FY1996. Rutland and Northeast had the highest proportion of CRT clients with substance abuse problems who also received services from Substance Abuse programs (23% and 22%, respectively). At the low end of the spectrum, UCS had 4%, CSAC had 3%. (Washington County Mental Health did not operate a substance abuse program during FY1996.)

NEXT QUESTIONS:

Do CRT clients with substance abuse problems receive substance abuse related services through other channels? Will this apparent service delivery pattern change with the introduction of a managed care model in CRT programs?

**CRT Clients with Substance Abuse
Total and Percent Served by Substance Abuse Programs, FY1996**



	Total CRT Clients	CRT Clients with Substance Abuse			
		Total		Also Served by Substance Abuse Programs	
Total	3,232	818	25%	105	13%
CSAC	149	37	25%	1	3%
FGI	217	38	18%	6	16%
HCHS	629	156	25%	28	18%
LCMHS	129	24	19%	4	17%
HCRS	373	130	35%	17	13%
NEK	455	99	22%	22	22%
CMC	120	55	46%	6	11%
RACS	319	81	25%	19	23%
UCS	200	54	27%	2	4%
WCMHS	641	144	22%	0	0%

Substance Abuse indicates a substance abuse diagnosis or alcohol or substance abuse problem reported in MIS data submitted by community mental health programs. Total CRT clients reflects people assigned to CRT programs. Percent of total CRT clients with substance abuse is calculated from total CRT clients. Percent of CRT clients also served by substance abuse programs is calculated using only CRT clients with substance abuse.